



# Cardio Study

## **Dr. M. Tariq Vakani, MD, FRCP(C)**

In 1979, Dr. M. Tariq Vakani received his M.B.B.S from Dow Medical College in Pakistan. He has served the U.K., the U.S.A., and Canada. He has an interest in primary and secondary prevention of heart disease and heart failure, and coronary heart disease management.

Over the years, he's achieved multiple professional memberships including the Royal College of Physicians in the U.K. and Canada, the General Medical Council in the U.K., the Canadian Cardiovascular Society and, most recently in 2008, the American College of Cardiology.

Dr. Vakani's research background is solid. He has participated in multiple research studies like the Discovery Trial, the SURGE Registry, and the landmark HOPE trial, which attempted to reduce the incidence of cardiovascular events in at-risk patients. Dr. Vakani remains active in his mission to educate family doctors about proper cardiac care, regularly giving presentations on related topics such as hypertension, dyslipidemia, and primary and secondary prevention of heart disease. He's also spoken at a wide range of events, such as Novartis Pharmaceuticals in the U.S. and Merck Pharmaceuticals in Canada.