

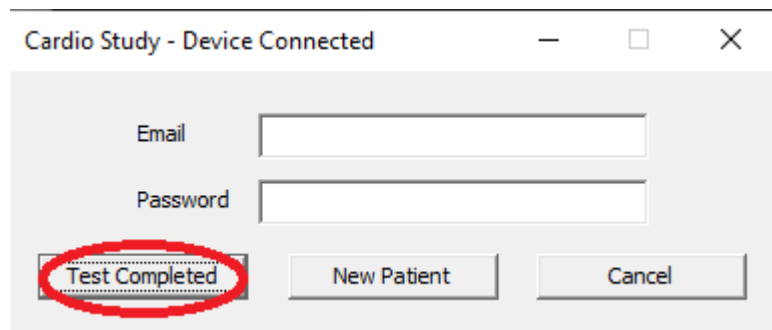
ABPM Tutorial – Retrieving Results

(Please note – these instructions should be followed after the patient testing has been completed.)

Step 1. The ABPM test must be stopped first. This can be done by removing the batteries from the ABPM.

Step 2. Connect the ABPM to your PC using the provided USB cable

Step 3. A small window will pop up. Enter your credentials and click on “Test Completed”



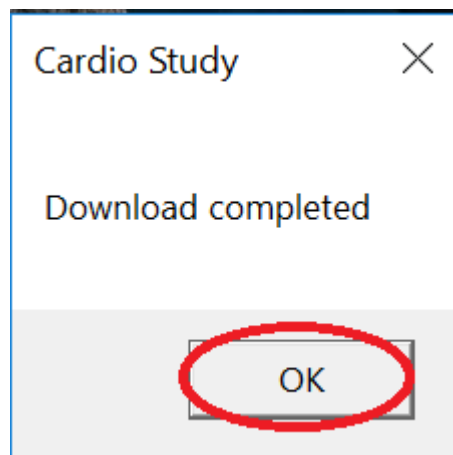
Cardio Study - Device Connected

Email

Password

Test Completed New Patient Cancel

Step 4. You will be prompted with a window saying “Download Completed”. Click “OK”. A new window will automatically open in your web browser.



Cardio Study

Download completed

OK

Step 5. Complete the report by entering the remaining fields.

The screenshot shows a web interface with a top navigation bar containing tabs: 'Statistical' (circled in red), 'Interpretation', 'Graphical', and 'Raw Data'. Below the navigation bar is a 'Patient Information' section with the following fields:

- Health Card (or Blue Cross, IFH, etc.): 1234567890
- Referring Doctor (full name): Dr. John Doe
- Indication for Test: High BP
- Read By: In-House
- First Name: Bob
- Last Name: Jones
- Birthdate: 1990/04/02
- Gender: Male
- Clinic Address: 123 Clinic Road, Toronto, ON
- Height (cm): 182
- Weight (kg): 99
- Medications: None

Red arrows point to the Health Card, Referring Doctor, Indication for Test, Last Name, Clinic Address, Height, Weight, and Medications fields. A green arrow points to the Read By dropdown menu. An orange 'Assign' button is located at the bottom right.

Fields that need to be filled out include:

- Referring Doctor Name
- Indication For Test
- Read By
- Patient's Birth Date
- Gender
- Clinic Address
- Height (cm)
- Weight (kg)
- Medications

Please note – “Read By”

You may choose to have Cardio Study physicians finalize the report, or your physicians may finalize the report in-house.

Step 7. Once all information is filled out, click “Assign”

This close-up screenshot shows the bottom portion of the form, including the Clinic Address, Height, Weight, Medications, and Assign button. Red arrows point to the Clinic Address, Height, Weight, and Medications fields. The orange 'Assign' button is circled in red.

Step 8. Next you will be greeted by a summary of the report. You may finalize the report by signing off.

Statistical Interpretation Graphical Raw Data

Details

Blood Pressure and Mean Arterial Pressure (MAP) Averages

Day BP Average	125/71	Day MAP Average	83
Night BP Average	0/0	Night MAP Average	0
Total BP Average	125/71	% Nocturnal change in MAP (normal: >10%)	-

Hypertension Burden - Percent Blood Pressure Above Threshold

Day (Threshold 135/85 mmHg)		Night (Threshold 120/70 mmHg)	
Systolic (>135 mmHg)	0%	Systolic (>120 mmHg)	-
Diastolic (>88 mmHg)	0%	Diastolic (>70 mmHg)	-

Systolic BP

Maximum: 126 mmHg on 2019/02/26 12:15
Minimum: 125 mmHg on 2019/02/26 12:30

Diastolic BP

Maximum: 76 mmHg on 2019/02/26 12:15
Minimum: 68 mmHg on 2019/02/26 12:45

Comments and Conclusion

Update

Reading Doctor Signature

Dr. John Doe

Sign-off

Step 9. You may download and save the report to your computer by using the Download button. A PDF viewer is required to view the downloaded report. Feel free to download the Adobe PDF Reader at www.cardiostudy.ca/downloads.

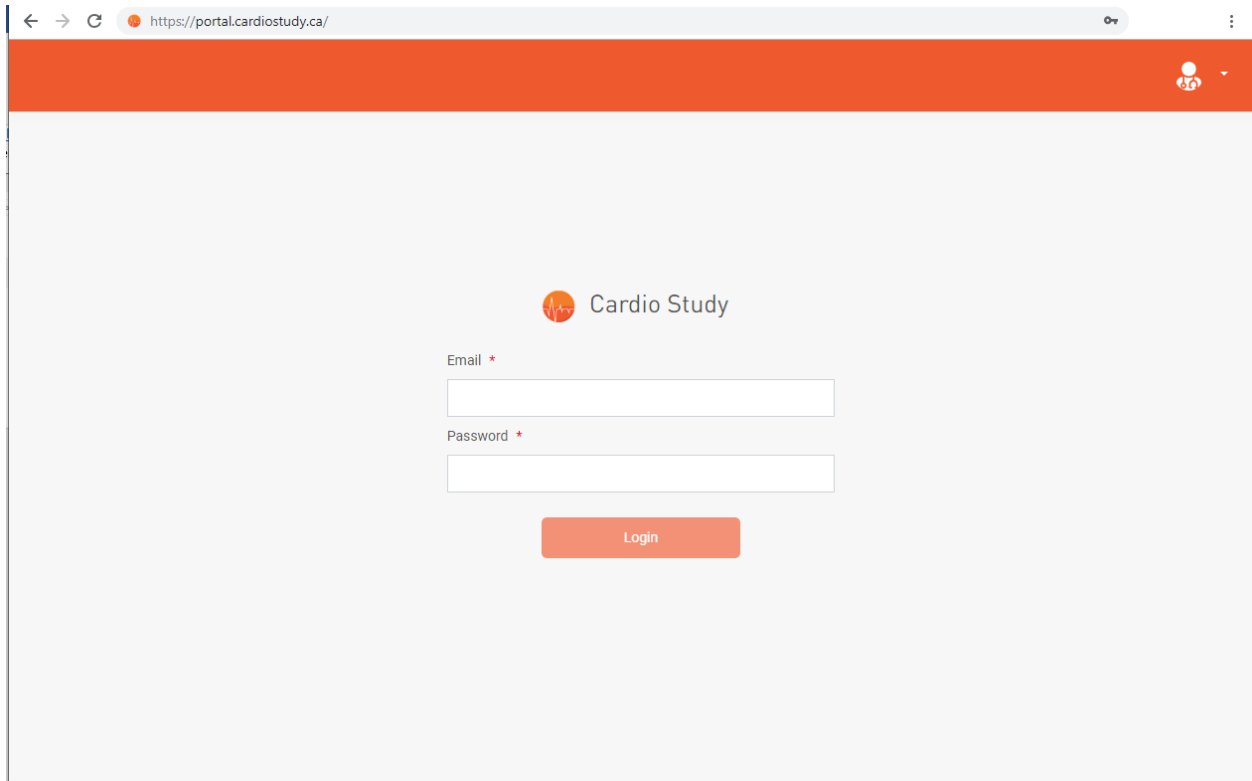
Reading Doctor Signature

Dr. John Doe

Sign-off

Download Cancel

Step 10. You can always pull up previous reports by visiting the Cardio Study Portal. To view patient reports online visit portal.cardiostudy.ca and log in using your credentials. Once logged in, click on “ABPM” on the left side of your screen to access your patient list.



The image shows a web browser window displaying the login page for the Cardio Study Portal. The browser's address bar shows the URL <https://portal.cardiostudy.ca/>. The page features a prominent orange header bar at the top right with a user profile icon and a dropdown arrow. The main content area is light gray and contains the following elements:

- The Cardio Study logo, which consists of an orange circle with a white ECG line and the text "Cardio Study" to its right.
- An "Email *" label above a white text input field.
- A "Password *" label above another white text input field.
- An orange "Login" button centered below the password field.